

Syllabus

EARLY CHILDHOOD CARE & EDUCATION



Offered by

MORIGAON COLLEGE, MORIGAON

2020-2021

Department of Education

PROGRAMME GUIDE
“CERTIFICATE IN EARLY CHILDHOOD CARE AND EDUCATION”
DEPARTMENT OF EDUCATION
MORIGAON COLLEGE, MORIGAON, ASSAM

1. INTRODUCTION TO THE PROGRAMME

This certificate programme in Early Childhood Care and Education gives learner in depth theoretical as well as practical knowledge related to early childhood care and education. This programme aims to help the learners to develop and augment the knowledge, attitude and skills necessary for fostering the development of young who may be various setting such as in the ECCE centres or homes. Various researches have been established that early childhood years are critical for the development of the brain. Lack of healthy and safe environments, inadequate nutrition, lack of stimulation and opportunities for learning can have a long lasting negative impact on the on the development of the child.

This programme equips the learners to foster the holistic development of young children by providing opportunities for their all round development. The programme will be interest to functionaries and teachers working with children in the birth to six age group in diverse settings, such as crèches, preschools, pre-primary classes, nursery schools, anganwadis and balwadis. It will also be of use to those wishing to set up early childhood care and education centres and others interested in knowledge about the development of the children.

2. THE SPECIFIC OBJECTIVES OF CERTIFICATE PROGRAMME:

- To develop an understanding about the needs and right of children with emphasis on the socio- cultural context of the children.
- To understand the development of children from birth to six age.
- To know the health and nutrition needs of young children and to be able to evaluate a diet with respect to its nutritional adequacy.
- To be able to identify common childhood illnesses, take care of sick child and take early measures.
- To identify children with special needs, provide early stimulation and take prevention action.
- To gain knowledge and develop skills and attitudes required for working with young children in ECCE centres in various setting in the field.
- To make the discourse of ECCE available to a wider section of the society by exposing people to the need for ECCE and ways of fostering children's development.

3. **Eligibility:** The certificate programme in ECCE is open to all learners who have cleared the 10+2 examination.
4. **Duration:** The programme duration is six months.
5. **Medium of Instruction:** The programme is available in English and Assamese medium.
6. **Programme Fee:**

7. PROGRAMME STRUCTURE:

The following table gives an overview to the programme structure and credit weightage:

Sl. No.	Course title	Course code	Credits
1	Organizing child care service	CECCE - 1	8
2	Child health and nutrition	CECCE- 2	8
3	Services and programmes for children	CECCE- 3	8
4	Project work – working with young children in a child care setting	CECCE - 4	8

8. COURSE WISE DETAILS:

Course Code: CECCE – 1
ORGANIZING CHILD CARE SERVICE
Total Marks: 100 (External: 80 and Internal: 20)
Credit: 8

Units	Contents
Unit - 1	Introduction to child Care and Development
	<ul style="list-style-type: none"> • The meaning of Childhood • Basic concepts in childhood development unit 3 the principles of development • The needs and right of children • The importance of play in development
Unit - 2	The child development in the First Twelve Months
	<ul style="list-style-type: none"> • Prenatal development and care • Physical, motor and sensory development • Cognitive development • Language development: Learning to speak • Play activities for fostering development
Unit - 3	The Child development during Toddlerhood (13-36 months)
	<ul style="list-style-type: none"> • physical and motor development : Increase in mobility and control • Cognitive development: Towards mental representation • Language development : From words to sentences • Socio-Emotional development

	<ul style="list-style-type: none"> • Play activities for fostering development
Unit - 4	The child development during preschool years (3-6 years)
	<ul style="list-style-type: none"> • Developing physical strength and motor coordination • Developing cognitive abilities and understanding concept • Enhancing language skills • Social relationship and child rearing
Unit - 5	Play activities for pre-school period
	<ul style="list-style-type: none"> • Play activities for movement and mobility • Exploring the environment • Play activities for developing cognitive abilities and some concepts • Rhythm, music and movement
Unit - 6	Organizing a Child Care Centre
	<ul style="list-style-type: none"> • Child care service in India • Setting and running the centre • Involvement the family and the community

Course Code: CECCE – 2
CHILD HEALTH AND NUTRITION
Total Marks: 100 (External: 80 and Internal: 20)
Credit: 8

Units	Contents
Unit - 1	Introduction to Nutrition and Health
	<ul style="list-style-type: none"> • The Meaning of nutrition • The concept of health • Indicator of health
Unit – 2	Basic concept in Nutrition
	<ul style="list-style-type: none"> • The Macronutrients – 1: Carbohydrate and water • The Macronutrients – 2: Proteins and Fats • The Macronutrients – 3: Vitamins • The Macronutrients – 4: Minerals • Planning Balanced Diets
Unit-3	Nutrition and Health Care During Pregnancy and Lactation
	<ul style="list-style-type: none"> • Meal planning for pregnant and Lactating Women • Health care during pregnancy • Health care during intranatal and postnatal period
Unit - 4	Nutrition and Health Care During Infancy and Early Childhood
	<ul style="list-style-type: none"> • Nutrition during infancy • Nutrition during early childhood • Health care of the child
Unit-5	Nutrition Related Disorders in Early Childhood

	<ul style="list-style-type: none"> • Major deficiency diseases- 1: PEM and Xerophthalmia • Major deficiency diseases – 2: Anaemia and Iodine deficiency disorder
Unit - 6	Common Childhood Illnesses , Their Prevention and Management
	<ul style="list-style-type: none"> • Common diseases of the skin • Common problem of the Ears • Lumps and Swelling • First Aid

Course Code: CECCE – 3
Services and programmes for children
Total Marks: 100 (External: 80 and Internal: 20)
Credit: 8

Units	Contents
Unit – 1	Services for Children
	<ul style="list-style-type: none"> • Early childhood care and education in perspective • Some theoretical orientation in early childhood education • Organization for children
Unit – 2	Children with special needs
	<ul style="list-style-type: none"> • Introduction to special needs • Service for special needs • Children with mental retardation • Children with physical disabilities • Children with behavioural problem • Children with visual impairment • Children with hearing impairment
Unit - 3	Communicating with parents and the community
	<ul style="list-style-type: none"> • Concept of communication • Some methods of communication • Some strategies in communication • Some communication aids • Some Themes and messages in ECCE
Unit – 4	Managing Children's Programmes: Some prospective
	<ul style="list-style-type: none"> • Basic of management • Obtaining funds and formulating budget • A case study – ICDS programme • A case study – Mobile Crèches

Course Code: CECCE – 4
PROJECT WORK:
WORKING WITH YOUNG CHILDREN IN A CHILD CARE SETTING
Total Marks: 100
Credit: 8

The project work anticipates that through this course learner will be able to experience the 'Feel' of working with children in a preschool setting. Each learner is required to complete any one project to any area of the ECCE to be evaluated by internal and external examiners jointly through viva voce test.

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