

REPORT NO: 2

DEPARTMENT OF ANTHROPOLOGY, MORIGAON COLLEGE

REPORT ON: EXTENSION ACTIVITY-

VENUE: MORIKALONG

DATE OF ACTIVITY: 10.04.2025

ORGANIZED BY: DEPARTMENT OF ANTHROPOLOGY

Guide Teacher : Dr. Nilofar Jasmin , Uddipona Sarma Dr. Nayanjyoti Goswami

OBJECTIVES OF THE EVENT: The objectives of this program is to educate participants about the importance of maintaining healthy blood pressure and body weight and to collect anthropometric and physiological data for academic study and community

NUMBER OF PARTICIPANT: 25 numbers of students of Major course participated in the event. Students were accompanied by Two guide Teachers

DETAILS OF THE EVENT: TITLE: AWARENESS PROGRAM ON BLOOD PRESSURE AND

WEIGHT MANAGEMENT As part of the department's commitment to community engagement and

public health awareness, the students of the department of Anthropology organized an extension

activity focused on monitoring and educating the public about blood pressure and weight

management. This initiative aligns with the holistic and applied nature of anthropology, bridging

health, culture, and lifestyle. Students under the supervision of Dr. Nilofar Jasmin, Dr. Nayanjyoti

Goswami and Miss. Uddipana Sarma conducted blood pressure checks and weight measurements.

Basic demographic data and health parameters were recorded such as age, sex, weight, BP reading, and

height. Counselling sessions were held to explain the implications of high BP, and some healthy

lifestyle tips were provided. The extension activity was a success reinforcing the department's role in

applying anthropological knowledge for social welfare. It also enhanced students' understanding of

Biocultural health issues and provided them with practical fieldwork experience

OUTCOMES OF THE EVENTS : The outcomes of the program were that individuals were

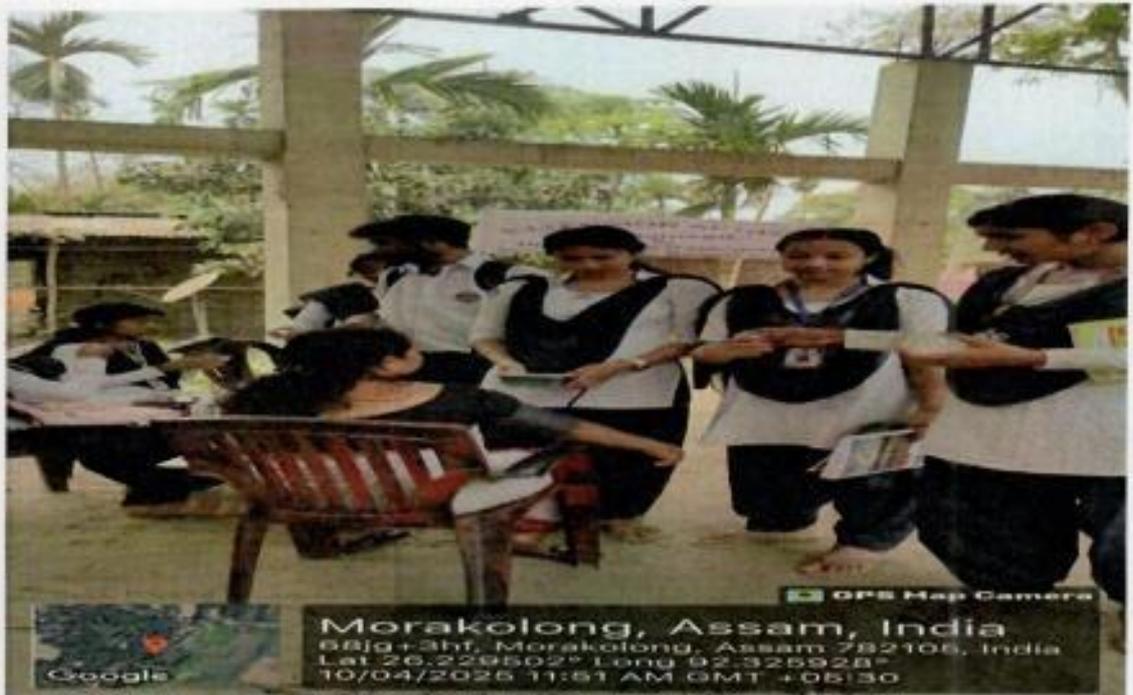
screened and identified with potential hypertension or weight-related issues and advised to seek

further medical consultation. Students gained hands-on experience in public engagement and data

collection techniques. The program also increased health awareness in the community regarding

hypertension and obesity.

GEOTAGGED PHOTOGRAPHS



Announcement talk on "Food Habit & Nutritional Value" is health check-up (BMI & Blood Pressure) camp organized in the village Moka, Kolera & the teachers of the department and 6th semester students took part in the camp.

Signature :

1.  → $31 - \frac{164}{100}$ Hgt - 55kg Hgt - 5.3

2/ Labanya Deka	$\frac{155}{100}$	40kg	5.1
3/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{165}{100}$	57kg	5.100
4/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{160}{93}$	65kg	5.0
5/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{140}{110}$	55kg	5.3 4.11
6/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{171}{90}$	55kg	4.4 5.3
7/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{138}{100}$	50kg	5.0
8/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{111}{66}$	42"	5.1
9/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{123}{77}$	51kg	5.1
10/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{185}{150}$	49kg	5.1
11/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{140}{74}$	49kg	5.2
12/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{138}{74}$	45	5.3
13/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{136}{55}$	37kg	4.8
14/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{120}{84}$	46kg	5.5
15/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{123}{121}$	54kg	5.1
16/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{162}{100}$	60kg	5.2
17/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{120}{94}$	45kg	5.0
18/ ଶ୍ରୀମତୀ ସରସ୍ୱତୀ	$\frac{127}{94}$	50kg	4.9
19/			
20/			

List of participants (students) with signature :