

**BOS approved Syllabus of Department of Philosophy
Morigaon College (A)**

Meeting held on 22nd Nov, 2025

(UG Programme: 1st Semester to 6th Semester)

Final Copy of Syllabus (FYUGP)

Department of Philosophy

Morigaon College (Autonomous)

Approved by BOS, 22nd November, 2025

(Core- Major/Minor/SEC/Certificate Course)

Semester	Papers	Paper Code	Credits
1 st Sem	Indian Philosophy-I (Major & Minor)	PHI-CORE (MJ) MC-0100104 PHI-CORE(MN) MC-0100104	4
2 nd Sem	Western Philosophy-I (Major & Minor)		4
3 rd Sem	Indian Philosophy-II (Minor 2)		4
	Western Philosophy-II (Minor 1)		4
4 th Sem	Ethics (Minor 1)		4
	Traditional Logic		4
	Contemporary Indian Philosophy (Minor 2)		4
	Philosophy of Religion		4
5 th Sem	Existentialism (Minor 1)		4
	Symbolic Logic		4
	Comparative Religion (Minor 2)		4
6 th Sem	Socio & Political Philosophy (Minor 1)		4
	Applied Ethics (Minor 2)		4
	Analytic Philosophy		4
	Philosophy of Language		4
		Total Credits: 15x4= 60	

1st Semester
Indian Philosophy-I (Core)
Course Code: PHI-CORE-(MJ/MN)-MC-0100104

Course Objectives:

- ❖ This course is designed to offer a clear understanding of the evolution and core foundations of Indian philosophical thought.
- ❖ It introduces students to the fundamental concepts of Indian philosophy while providing them with comprehensive knowledge of its major traditions.
- ❖ Through this course, students will also develop an in-depth awareness of the structure of Indian philosophy, particularly focusing on the prominent non-Vedic schools such as Cārvāka, Jainism, and Buddhism.

Unit	Contents	Nos of Lectures
Unit I	➤ Nature and Common Characteristics of Indian Philosophy ➤ Astika-Nastik	10
Unit II	➤ Vedic Thoughts ○ Four Parts of the Vedas ○ Principles of Rta and Rna ➤ Upanishadic Philosophy ○ Concept of Brahman ○ Atman	20
Unit III	➤ Carvaka: ○ Theory of knowledge ○ Materialism, Denial of God and Soul ○ Hedonism ➤ Jainism ○ Syadvada, Saptavangi Naya ○ Anekantavada, Dravya ○ Bondage and Liberation	20
Unit IV	➤ Buddhism ○ Four Noble Truths ○ Pratityasamutpada ○ Anityavada ○ Anatmavada	10
Total Lectures		60

Learning Outcomes:

- ❖ This course broadens students' understanding of Indian philosophical thought and introduces them to its fundamental concepts.
- ❖ By engaging with the core ideas and traditions, students become well-acquainted with the essential foundations of Indian philosophy.
- ❖ After completing the course, they will acquire a comprehensive grasp of the major outlines and key perspectives that shape Indian philosophical discourse.

Reference readings:

- ❖ Chatterjee, S. C., & Datta, D. M. (1984). *An Introduction to Indian philosophy* (Reprint). University of Calcutta.
- ❖ Hiriyana, M. (1951). *Outlines of Indian philosophy*. Allen & Unwin.
- ❖ Radhakrishnan, S. (1929). *Indian philosophy* (Vol. 1, 2nd ed.). George Allen & Unwin.
- ❖ Sharma, C. D. (2003). *Critical survey of Indian philosophy*. Motilal Banarsidass.
- ❖ Kalita, S., & Rajiyung, B. (E.d.). *Text book on Indian philosophy*. (2021)
- ❖ Bhattacharjee, J., *Bharatiya Darsana*.
- ❖ Phukan, Das, Baishya, Nath., *Snatakar Bharatiya Darshana* (Assamese)

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Department of Philosophy
Morigaon College (Autonomous)
Approved by BOS, 22nd December, 2025
(SEC/Certificate Course)

Semester	Papers	Paper Code	Credits
1 st Sem	Philosophical Counselling		3
2 nd Sem	Critical Thinking		3
3 rd Sem	Logic & Reasoning		3
			Total Credits: 3x3= 9

Certificate Course:

Title: Name of the Course: “Soft skill in lecture, debate, anchoring and job interview”

Credit: 2

SEC

1st Semester

Philosophical Counselling

Course Code: SEC-PHI-MC-0100103

Course Description:

The course is designed to introduce the key concepts of Philosophical Counselling (PC)/Philosophical Practice amongst students with a view to developing the skill of applying philosophical approach in practical contexts. The course is divided into two parts: (a) theory, comprised of introduction to PC and various approaches to PC (units I & II); and (b) practical, comprised of application of the skill to discover problems through practical sessions and writing a dissertation on the investigated problem.

Course Objectives:

The course aims at developing the skills of:

- Philosophical understanding or wisdom (philos=sophia love of wisdom) as an end in itself.
- Addressing dilemmas (e.g. decision-making dilemmas), predicaments and life-issues of persons through philosophical examination.
- Exposing and examining underlying assumptions and logical implications.
- Exploring conflict and inconsistencies.

Learning Outcomes:

On completion of the course students are expected to be able to:

- Understand the scope of Philosophical vis-à-vis Psychological Counselling.
- Inculcate self-confidence in one's own abilities to reason.
- Understand the opinions of other people.
- Develop flexibility in considering alternatives and opinions.
- Overcome personal problems by adopting different philosophical approaches to philosophical counselling.
- Develop fair-mindedness in appraising reasoning.

The Syllabus

Part A (Theory)

Marks 50

Unit I Introduction to Philosophical Counselling

25

Philosophical Counselling-its meaning and scope History of Philosophical Counselling

Philosophical Counselling versus Psychological Counselling

Unit II Approaches to Philosophical Counselling

25

- a. Critical Thinking Approach -Logic- Based Therapy (LBT)-Philosophical Principles of LBT, LBT fallacies, antidotes
- b. Wisdom Approach
- c. Existential Approach- Existentialism Based Therapy-Authentic and Inauthentic Life

Part B (Practical)

Marks 50

Project/Dissertation:

Practical will be conducted in the form of project/ dissertation which is to be typed or neatly hand written (3,000-5,000 words). The project/ dissertation will be based on practical session(s) which is to be conducted by the student (counsellor) with a counsellee/client.

Given below is a list of Problems out of which any one may be chosen for addressing in the project/ dissertation. The same has to be carried out under the supervision of a teacher.

- Moral issues
- Value disagreements
- Political issues and disagreements
- Time management issues
- Procrastination
- Career issues
- Financial issues
- Adult children of aging parents
- Problems with family/Domestic problems
- Breakups and divorce
- Sibling rivalry
- Loss of a family member
- Friendship issues
- Peer pressure
- Academic or school-related issues
- Rejection

- Discrimination
- Religion and race-related issues
- Technology-related issues

The project/dissertation has to be broken into three heads as mentioned below:

- Identification of the Problem in the counsellee/client by the student (counsellor)
(Naming the Problem, grounds for placing it under the chosen category of the Problem) 15
- Philosophical Approach involved in the investigation of the
- Problem (definition of the approach and its application) 25
- Conclusion/Solution provided (Redressing the Problem) 10

Reference Readings

- *Plato, Not Prozac!: Applying Ancient Wisdom to Everyday Problems* by Lou Marinoff
- *Wise Therapy* by Tim LeBon
- *Philosophical Counseling: Theory and Practice* by Peter B. Raabe
- *Essays on Philosophical Counseling* edited by Ran Lahav and Maria Tillmanns
- *Counselling philosophical?: Awakening Socrates in you* by Deepanwita Dutta
- *Philosophy for Counselling and Psychotherapy: Pythagoras to Postmodernism* by Alex Howard
- *The New Rational Therapy: Thinking Your Way to Serenity, Success, and Profound Happiness* by Elliot D. Cohen
- *Theory and Practice of Logic-based Therapy: Integrating Critical Thinking and Philosophy Into Psychotherapy* by Elliot D. Cohen
- *Issues in Philosophical Counseling* by Peter B. Raabe
- *Philosophical Counselling & The Unconscious (Philosophical Psychology)* by Peter B. Raabe
- *The Socratic Handbook* edited by Michael Noah Weiss
- *Stepping Out of Plato's Cave: Philosophical Practice and Self-Transformation* by Ran Lahav